

# FREE Parenting Workshop

for parents of  
pre-school children



## Beyond Obedience

### A Bible Centered Parenting Approach to Teach Children to Honor Their Parents

**Shining Stars Christian Preschool is offering a free parenting workshop, led by Christian Psychologist, Dr. Mike Messina.**

- Raising children is a rewarding, but difficult job. Raising children to love God and follow His Word is even more challenging. In a world that is doing everything it can to pull your children away from the faith, it is reassuring to know that the Bible has much to say about the topic of parenting.
- For young children, one of the first ways that they learn to love and obey God is by loving and obeying their parents. Teaching children to "obey" is only half the battle; God requires they learn to "honor" as well.
- This Bible Centered Parenting class will give you practical, faith based tools and insights into raising children God's way.
- Learn effective, efficient, and practical strategies, from a Christian perspective, to manage the behavior and emotional challenges that your preschooler faces.
- Support your child in his or her emotional maturity by learning valuable ways to teach and train them to cope with the complexities of life, manage difficult situations, and respond to various challenges in healthy, Christ-centered ways

#### Learn skills to address

**Tantrums**  
**Non-Compliance**  
**Hitting/Kicking**  
**Off-Task Behavior**  
**Hyperactivity**  
**Sibling Rivalry**  
**Separation Anxiety**  
**Problems in School**  
**Social Problems**

Dr. Mike Messina is a Licensed Clinical Psychologist and Board Certified Behavior Analyst, specializing in behavior and emotional problems in children. He has over 10 years of experience working with children and families and has given over 50 lectures to parents and families in the community.

Starting his career as a youth pastor, Dr. Messina learned about the deep need that families have for Christ-centered direction in their parenting and he discovered his passion for helping families in need. As a psychologist, he is honored to work with the many families God has directed to him.

He has been a Christian for over 13 years, married for 8 years, and has two children. Dr. Messina draws on his clinical and personal experience as he shares with other parents a Christ-centered approach to parenting.

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## Free Parenting Workshop

**March 22, 2012**  
**6:00pm – 7:30pm**

**Childcare Provided**



**Please RSVP with Stacy Williams**  
**[stacy@ocshiningstars.org](mailto:stacy@ocshiningstars.org)**